

# カイゴホケン

# KAIGO HOKEN

“KAIGO HOKEN” is a public system where we all support the life after retirement for the elderly.



## How Much Do You Know About “KAIGO HOKEN” (Public Long-term Care Insurance System)?

- “KAIGO HOKEN” (Public long-term care insurance) purchase is compulsory for all those over the age of 40.
- Those aged 65+ may receive nursing care services.
  - \* Those aged 40+ may receive care if they have a medical condition that is caused by aging (terminal cancer, etc.).
  - \* If over 65 years of age, a “KAIGO HOKEN HI-HOKEN-SHA SHO” (“Long-Term Care Insurance Card”) will be sent to you by the city.
- To receive long-term care service you must be approved by the city to be “YO KAIGO NO NINTEI” (in need of long-term care).
- “KAIGO HOKEN” (Long-term care insurance) offers a variety of services.
- Long-term care services are provided differently according to your medical condition.



※Long-term care insurance is paid for by the compulsory premiums paid by everyone in this country.

### CONTACT

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

# How To Use KAIGOHOKEN (Public Long-term Care Insurance)

1

**[YO KAIGO NINTEI NO SHINSEI]**  
(Apply to be certified as in need of Long-term Care)

→ The application can be filled out at your local municipal office.



**Q** Why should I apply to be approved for long-term care “KAIGO HOKEN”?

**A** When certified as requiring long-term care, you are eligible to receive a variety of care services as provided by the insurance.

Note: Eligible services and costs will differ depending on the degree of care required.

2

**[YO KAIGO NINTEI NO CHOUSA]**  
(The level of Long-term Care that is needed will be assessed)

→ Evaluation is conducted by staff members from your local municipal office at your place of residence.



**Q** How will I be assessed?

**A** A nursing care certified investigator will visit your home and ask you about the your medical condition.

3

**[YO KAIGO DO NO NINTEI]**  
(The level of Long-term Care needed will be decided)

→ You will receive your Long-term Care certification that specifies “YO KAIGO DO” from your local municipal office.

**Q** What is “YO KAIGO DO”?

**A** It represents the level of nursing care needed.



4

**[Nursing care services begins]**

After receiving your certification, contact a care manager (an expert on nursing care) who will work with you to create a care plan. Services will be provided as planned in the care plan.

\* If you are in “YO KAIGO” (in need of nursing care) please consult “KYOTAKU KAIGO SHIEN JIGYOSHA”(nursing home) ; If you are in “YO SHIEN” (in need of assistance) please consult “CHIIKI HOUKATSU SHIEN SENTA”(local comprehensive support center).



The certification puts the applicant into one of the three broad levels: “HIGAITO” (**not-applicable; does not need nursing care**), “YO KAIGO” (**in need of assistance ; precautionary measures**), and “YO SHIEN” (**in need of nursing care**). The certification further differentiates the applicant into 2 levels for “YO SHIEN” (in need of assistance) and 5 levels for “YO KAIGO” (in need of nursing care). The higher the number, the increased need for nursing care.

## Services Include

\*Admittance to a residential care facility is also available.



Home-visit Care



Day Care Center  
(Day Care Service)



Day care rehab  
(Day Care)



Nursing equipment rental, funding  
for house renovation is also available

